Masters Allround Games 2025

Sørmarka Arena – Stavanger (NOR) / 07. - 09.03.2025

START LIST WOMEN 3000M
09.03.2025

Quartet	Lane	Colour	No	Name	Nat.	Age grp	SB	PB
1	In	white	280	Johanna WITTENBERG	NED	M70	6:20.79	5:15.80
	Out	red	188	Silvia TASSARA	ITA	M70	-	5:13.39
-	In	yellow	110	Barbara JOHNSON	USA	M70	5:30.36	5:14.51
	Out	blue	267	Barbara HEERSCHOP	NED	M70	5:50.08	5:01.56
2	In	white	191	Ellen ROMSTAD	NOR	M60	-	5:15.70
	Out	red	331	Tove Marin STEINMOEN	NOR	M80	-	5:52.50
-	In	yellow	129	Heidi H. SKOTTE	NOR	M65	-	5:05.01
	Out	blue	274	Carolien VAN REES	NED	M65	5:43.90	5:34.29
3	In	white	273	Marianne DE NEELING	NED	M65	5:54.67	4:54.93
	Out	red	156	Marita Agnethe STEEN	NOR	M65	6:08.96	5:04.27
-	In	yellow	282	Lettie ZWANENBURG	NED	M65	5:18.64	4:55.58
	Out	blue	180	Guylaine LAROUCHE	CAN	M65	5:19.49	5:11.94
4	In	white	112	Ingunn SANDØ	NOR	M60	6:08.45	5:14.30
	Out	red	103	Kathleen FEINBERG	USA	M60	6:00.06	5:28.32
-	In	yellow	-		-	-	-	-
	Out	blue	-		-	-	-	-
5	In	white	276	Anita SMIT-GROOT	NED	M60	5:48.50	5:08.76
	Out	red	193	Anne TOMASGAARD	NOR	M60	-	5:19.70
-	In	yellow	265	Mariska VAN HAAFTEN	NED	M60	5:33.51	5:16.68
	Out	blue	271	Astrid JANSSEN	NED	M60	5:39.39	5:10.52
6	In	white	272	Marlies.64 DE JONG	NED	M60	5:17.89	5:00.69
	Out	red	277	Ciska STARK	NED	M60	5:19.36	5:01.04
-	In	yellow	279	Gerdien VERWEIJ	NED	M60	5:19.74	4:40.84
	Out	blue	262	Monique BOEREMA	NED	M60	5:34.40	4:41.48
7	In	white	339	Henriët VAN LING	NED	M55	5:57.73	5:51.23
	Out	red	140	Sabine GÜNTHER	GER	M55	6:03.70	5:52.51

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Sørmarka Arena – Stavanger (NOR) / 07. - 09.03.2025

Quartet	Lane	Colour	No	Name	Nat.	Age grp	SB	PB
-	In	yellow	116	Trine LANDSEM	NOR	M55	5:53.34	5:42.62
	Out	blue	189	Monica CAIS	ITA	M55	5:53.26	5:41.82
8	In	white	131	Katrin LESCHNER	GER	M55	5:36.29	5:19.50
	Out	red	283	Karin TERHÜRNE	NED	M55	5:51.15	5:18.16
-	In	yellow	269	Grietje HOOGERKAMP-HEEG	NED	M55	5:10.98	5:10.98
	Out	blue	231	Outi PINOMÄKI	FIN	M55	5:49.66	5:32.13
9	In	white	147	Anke PREUSS	GER	M55	5:39.28	5:16.35
	Out	red	203	Karolin PALMERTZ CERNE	SWE	M55	5:34.80	4:47.99
-	In	yellow	275	Kaska ROGULSKA	NED	M55	5:02.98	4:35.62
	Out	blue	263	Henriëtte GOEDE	NED	M55	5:07.87	4:46.59
10	In	white	284	Evelyn MEIN-KLOK	NED	M50	5:47.36	5:38.69
	Out	red	126	Susanne VANGEN STENSVAAG	NOR	M50	7:30.04	6:33.02
-	In	yellow	179	Genevieve (Genevive) LEMIEUX	CAN	M50	5:19.47	5:19.47
	Out	blue	252	Heidi STØKKER	NOR	M50	6:07.61	4:44.00
11	In	white	139	Christiane KLOSS	GER	M50	5:12.53	4:38.75
	Out	red	278	Anna VAN DER STOK	NED	M50	-	5:22.37
-	In	yellow	281	Irma WOUD	NED	M50	5:31.21	4:45.43
	Out	blue	182	Natalie RODRIGUE-HASSELBACK	USA	M50	5:06.35	5:06.35
12	In	white	266	Wendy VAN DER HAM	NED	M50	5:14.08	5:14.08
	Out	red	340	Manon SCHOLTE	NED	M50	5:23.76	5:06.20
-	In	yellow	268	Chantal HERMS	NED	M50	5:01.32	5:00.90
	Out	blue	248	Renate JEPPSSON	NOR	M50	5:38.29	4:44.76
13	In	white	246	Necole ZAYATZ	USA	M45	7:03.28	6:02.33
	Out	red	249	Tove Julianne NERDAHL	NOR	M45	-	7:10.75
-	In	yellow	264	Janette DE GROOT-BRON	NED	M45	4:52.38	4:52.38
	Out	blue	207	Monika HOLTH	NOR	M45	5:51.89	5:32.69
14	In	white	247	Hege FOSSUM	NOR	M40	6:07.73	6:07.73
	Out	red	-		-	-	-	-
-	In	yellow	270	Shirley JAARSMA	NED	M40	5:03.58	4:55.85
	Out	blue	151	Maria BIRKELI	NOR	M40	5:50.37	5:50.37

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Sørmarka Arena – Stavanger (NOR) / 07. - 09.03.2025

Quartet	Lane	Colour	No	Name	Nat.	Age grp	SB	PB
15	In	white	115	Imke HÜSER	GER	M35	4:38.38	4:36.02
	Out	red	335	Darja PTITSÕNA	EST	M35	4:59.79	4:49.01
-	In	yellow	-		-	-	-	-
	Out	blue	-		-	-	-	-

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Sørmarka Arena – Stavanger (NOR) / 07. - 09.03.2025

START LIST MEN 3000M
09.03.2025

Quartet	Lane	Colour	No	Name	Nat.	Age grp	SB	PB
1	In	white	253	Vegard SEVILHAUG	NOR	M65	6:05.82	6:01.24
	Out	red	332	Arne Kjell FOLDVIK	NOR	M90	9:43.14	4:54.57
-	In	yellow	334	Jan HENRIKSEN	NOR	M80	-	5:14.01
	Out	blue	186	David BUTTERISS	GBR	M80	-	5:49.60
2	In	white	194	Øystein LILLETVEDT	NOR	M80	6:49.28	5:16.60
	Out	red	160	Jarle Johannes HÅBREKKE	NOR	M80	6:54.99	5:18.11
-	In	yellow	196	Pentti KIISKINEN	FIN	M80	6:24.78	4:47.40
	Out	blue	101	Ingvar Kjell BJORLAND	NOR	M80	6:20.92	6:20.92
3	In	white	195	Paavo SALONEN	FIN	M75	6:04.19	4:35.06
	Out	red	224	Per.46 NYGÅRD	NOR	M75	7:19.08	4:43.31
-	In	yellow	166	Claude DÉSY	CAN	M75	6:06.57	5:58.65
	Out	blue	293	Ton VAN HELDEN	NED	M75	6:10.93	4:48.74
4	In	white	153	Harald WESTERHEIM	NOR	M75	5:49.47	4:45.40
	Out	red	117	Harald ASPELUND	NOR	M75	6:01.24	5:15.18
-	In	yellow	114	Magnar LANGVIK	NOR	M75	6:04.45	5:01.59
	Out	blue	285	Pieter DEN DUNNEN	NED	M75	5:49.35	4:33.24
5	In	white	173	Rolf PEDERSEN	NOR	M75	-	4:27.10
	Out	red	288	Bauke MEIJER	NED	M75	5:50.77	4:51.37
-	In	yellow	154	Onar WESTERHEIM	NOR	M75	5:41.41	4:30.60
	Out	blue	155	Vince MORRIS	USA	M75	-	4:44.38
6	In	white	345	Vidar HAUKEBØE	NOR	M70	6:53.05	6:43.86
	Out	red	176	Toshiaki HOSODA	JPN	M70	-	5:18.25
-	In	yellow	286	Thomas HOEKSTRA	NED	M70	-	4:42.79
	Out	blue	113	Mark NOLAN	USA	M70	-	5:45.98
7	In	white	216	Michael HENNING	SWE	M70	5:50.76	5:03.68
	Out	red	217	Robert DVORAK	USA	M70	-	5:29.08

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Sørmarka Arena – Stavanger (NOR) / 07. - 09.03.2025

Quartet	Lane	Colour	No	Name	Nat.	Age grp	SB	PB
-	In	yellow	197	Risto NORDMAN	FIN	M70	-	5:46.78
	Out	blue	118	Harold SPRAGG	AUS	M70	-	4:44.86
8	In	white	121	Reinhold MARSOLLEK	GER	M70	5:38.03	4:36.74
	Out	red	192	Alf HARBITZ	NOR	M70	5:36.81	4:49.12
-	In	yellow	292	Frank STEENKAMP	NED	M70	4:58.64	4:36.38
	Out	blue	143	Ragnvald NÆSS	NOR	M70	5:27.96	4:14.64
9	In	white	157	Geir HESTAD	NOR	M70	5:19.57	4:15.35
	Out	red	178	Erik VEA	NOR	M70	5:16.18	4:12.40
-	In	yellow	291	Pieter Hessel SIEMONSMA	NED	M70	4:59.88	4:26.35
	Out	blue	138	Mircea VRANCEANU	GER	M70	5:03.68	4:23.84
10	In	white	148	Olav LANGELAND	NOR	M65	5:21.60	4:34.04
	Out	red	234	Heikki SUNDSTRÖM	FIN	M65	6:09.75	5:24.86
-	In	yellow	111	Ole LØLAND	NOR	M65	5:29.33	5:29.33
	Out	blue	294	Erwin HENSKES	NED	M65	5:18.12	4:52.09
11	In	white	133	Johan METTING VAN RIJN	SUI	M65	5:21.53	4:30.85
	Out	red	125	Per Gunnar STENSVAAG	NOR	M65	5:39.19	4:36.72
-	In	yellow	232	Risto JOKELA	FIN	M65	5:41.13	5:22.11
	Out	blue	174	Bertil GRØDAHL	NOR	M65	5:30.03	4:27.20
12	In	white	124	Sveinung ØVRETVEIT	NOR	M65	5:28.73	4:49.09
	Out	red	290	Adriaan PROVOOST	NED	M65	4:58.95	4:21.97
-	In	yellow	287	Kees LANGEVELD	NED	M65	4:54.65	4:30.83
	Out	blue	146	Peter WEISS	SWE	M65	5:11.07	4:54.01
13	In	white	289	Jan MEIN	NED	M65	5:02.49	4:27.70
	Out	red	222	Alain HUOT	CAN	M65	-	5:16.30
-	In	yellow	183	Morten HENRIKSEN	NOR	M65	5:07.17	4:18.54
	Out	blue	171	Gaetan BOUCHER	CAN	M65	-	4:11.66

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Sørmarka Arena – Stavanger (NOR) / 07. - 09.03.2025

START LIST MEN 5000M
09.03.2025

Quartet	Lane	Colour	No	Name	Nat.	Age grp	SB	PB
1	In	white	158	Morten Jarnskjegge KNUTSEN	NOR	M60	-	10:50.89
	Out	red	315	Henk ROELFSEMA	NED	M60	9:07.13	8:33.74
2	In	white	333	Torgeir Arne RUNDSVEEN	NOR	M60	10:34.73	8:11.10
	Out	red	337	Joar KVITTINGEN	NOR	M60	-	9:25.12
-	In	yellow	245	Jonathan FURMINGER	USA	M60	-	9:27.86
	Out	blue	235	Dag ERIKSEN	NOR	M60	-	9:17.16
3	In	white	123	Thomas RUMPF	GER	M60	9:04.23	8:13.24
	Out	red	170	Sverre MO	NOR	M60	-	8:55.90
-	In	yellow	172	Daniel HOULE	CAN	M60	9:44.40	9:30.94
	Out	blue	223	Arnstein SUNDE	NOR	M60	9:57.53	8:45.32
4	In	white	169	Helge FLESLAND	NOR	M60	9:49.99	8:06.47
	Out	red	163	SEI TAKAYAMA	JPN	M60	-	8:24.60
-	In	yellow	324	Andre VAN ZAANE	NED	M60	-	7:44.85
	Out	blue	346	Sören GRIMMER	GER	M60	-	9:11.50
5	In	white	142	Lars.64 HENRIKSSON	SWE	M60	-	7:54.92
	Out	red	201	Johan CERNE	SWE	M60	-	7:48.77
-	In	yellow	190	Jyrki HIETANEN	FIN	M60	-	8:31.77
	Out	blue	311	Eelco NAP	NED	M60	-	-
6	In	white	316	Marco ROOS	NED	M60	-	7:58.68
	Out	red	325	Jim VERDURMEN	NED	M60	-	7:21.08
-	In	yellow	300	Robert DA COSTA	NED	M60	8:21.83	8:00.66
	Out	blue	205	Øystein BORGERSEN	NOR	M60	9:16.98	8:28.31
7	In	white	240	Eric ASKILDSEN	NOR	M60	8:32.53	7:47.48
	Out	red	215	Nils Egil AAS	NOR	M60	8:45.46	7:08.61
-	In	yellow	108	Rene VAN BERNUM	GER	M60	-	7:27.03
	Out	blue	306	Giel HERMANS	NED	M60	8:13.29	7:55.58

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Quartet	Lane	Colour	No	Name	Nat.	Age grp	SB	PB
8	In	white	162	Gaute Haftor SØRENSEN	NOR	M55	10:08.61	9:14.57
	Out	red	229	Martin HALVORSEN	NOR	M55	-	9:12.95
-	In	yellow	255	Erik DAHLÉN	SWE	M55	-	-
	Out	blue	213	Eskil ANDERSSON	SWE	M55	-	8:49.62
9	In	white	127	Octavian-Cornel MOGA	ROU	M55	8:53.39	7:58.31
	Out	red	342	Ivo VAN LING	NED	M55	-	-
-	In	yellow	313	Guus OLIJERHOEK	NED	M55	-	7:33.70
	Out	blue	326	Richard HEIKOOP	NED	M55	-	-
10	In	white	343	Martijn JAGER	NED	M55	-	8:43.65
	Out	red	212	Patrik GELIN	SWE	M55	-	8:04.55
-	In	yellow	105	Johan VIKHALS	NOR	M55	8:53.17	8:16.95
	Out	blue	301	Arjen ESSELINK	NED	M55	-	8:30.26
11	In	white	220	Mika SIREN	FIN	M55	-	7:44.95
	Out	red	299	Richard VAN DE BROEK	NED	M55	-	8:12.74
-	In	yellow	244	Lars-Erik LARSSON	SWE	M55	-	7:37.44
	Out	blue	104	Geir NESSET	NOR	M55	8:44.02	7:51.06
12	In	white	132	Morten EILERTSEN	NOR	M55	8:18.44	7:25.61
	Out	red	307	Gerben HETTINGA	NED	M55	8:31.23	7:53.14
-	In	yellow	320	Frans VERHOEVE	NED	M55	8:56.12	7:23.00
	Out	blue	298	Gerrit VAN DEN BRINK	NED	M55	7:47.29	7:30.29
13	In	white	310	Joost VAN LEENDERS	NED	M55	7:59.62	7:39.83
	Out	red	296	Johan BOONSTRA	NED	M55	8:06.40	7:10.72
-	In	yellow	136	Tjard KOPKA	GER	M55	-	7:06.05
	Out	blue	221	Benoît LAMARCHE	CAN	M55	-	6:54.45
14	In	white	237	Sveinung VEA	NOR	M50	8:10.38	7:59.10
	Out	red	164	Arne RIMMEREID	NOR	M50	9:26.13	8:38.90
-	In	yellow	297	Gerwin BOSCHLOO	NED	M50	-	8:36.08
	Out	blue	328	Martijn WILLEMSEN	NED	M50	8:38.03	7:57.79
15	In	white	295	Erol AKSOY	NED	M50	8:20.87	8:08.20
	Out	red	261	Christiaan ABEELEN	NED	M50	-	8:00.82

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Quartet	Lane	Colour	No	Name	Nat.	Age grp	SB	PB
-	In	yellow	238	Remi ANDERSEN	NOR	M50	7:54.15	7:54.15
	Out	blue	318	Tijmen SMIT	NED	M50	-	8:14.70
16	In	white	259	Thomas RØSTE	NOR	M50	-	7:12.93
	Out	red	303	Roberto VAN GOOR	NED	M50	7:57.84	7:23.83
-	In	yellow	321	Robert WIERTS	NED	M50	-	7:05.72
	Out	blue	109	Frode MIDJO	NOR	M50	8:39.48	7:31.62
17	In	white	260	Anders RATDAL	NOR	M45	-	7:29.65
	Out	red	168	Lucas ICASATTI	ARG	M45	-	-
-	In	yellow	150	Martin FLEURY	CAN	M45	-	8:21.58
	Out	blue	329	Evert Jan VAN DIJK	NED	M45	-	7:52.76
18	In	white	250	Asier ITURRIA	ESP	M45	8:12.96	6:51.72
	Out	red	319	Stijn VERHAGEN	NED	M45	-	8:04.38
-	In	yellow	317	Sebastiaan SCARGO	NED	M45	8:20.45	8:03.01
	Out	blue	206	Odd Øystein LANGEGÅRD	NOR	M45	7:47.37	7:00.21
19	In	white	302	Pieter-Jorn GEMSER	NED	M45	7:00.29	7:00.29
	Out	red	344	Daan SPOELSTRA	NED	M45	-	7:47.86
-	In	yellow	304	Johannes.76 DE GROOT	NED	M45	7:31.58	6:51.99
	Out	blue	204	Reidar Bohlin BORGERSEN	NOR	M45	7:24.60	6:25.77
20	In	white	198	Einar MATHIASSEN	NOR	M45	-	7:58.53
	Out	red	177	John Ivar KRISTENSEN	NOR	M50	7:58.13	7:32.13
-	In	yellow	208	Kenneth SANDVOLD	NOR	M35	8:35.35	8:35.35
	Out	blue	214	Joonas SALMINEN	FIN	M35	-	-
21	In	white	210	Eirik BRYNILDSEN	NOR	M40	10:33.39	9:54.04
	Out	red	106	Marvin ZEISSBERG	GER	M30	8:58.31	8:40.36
-	In	yellow	219	Christian EIDSVÅG	NOR	M40	8:50.39	8:23.44
	Out	blue	338	Jari LÖFMAN	FIN	M40	-	-
22	In	white	312	Bert NIJMAN	NED	M40	-	8:58.74
	Out	red	225	Kenneth MELIN-GRØDAHL	NOR	M40	-	7:21.65
-	In	yellow	309	Jurre KRANENBORG	NED	M40	7:31.38	7:19.10
	Out	blue	258	Ville MÄNNISTÖ	FIN	M40	8:21.30	7:36.96

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Quartet	Lane	Colour	No	Name	Nat.	Age grp	SB	PB
23	In	white	187	Ian ROBERGE	CAN	M35	8:06.83	8:05.43
	Out	red	181	Andreas HAUGERUD	NOR	M35	8:24.11	7:24.04
-	In	yellow	305	Michael HEEMSKERK	NED	M35	7:34.31	6:49.14
	Out	blue	327	Mark Jan VEENSTRA	NED	M35	7:58.18	7:58.18
24	In	white	330	Christiaan SMIT	NED	M30	-	8:11.51
	Out	red	218	Haakon HAUGERUD	NOR	M30	8:51.36	8:51.36
-	In	yellow	314	Martin-Age OSINGA	NED	M30	-	-
	Out	blue	228	Håvard STRAUMSNES	NOR	M30	8:08.44	7:59.46
25	In	white	323	Paul HERMANS	NED	M30	8:27.74	8:11.85
	Out	red	341	Justin WENKER	NED	M30	-	-
-	In	yellow	308	Sybe VAN HIJUM	NED	M30	7:34.64	7:20.44
	Out	blue	322	Wessel WIJNJA	NED	M30	-	7:40.76